

**PROGRAM SERVICES CONTRACT**

This contract is entered into by and between the State of Missouri, Department of Health and Senior Services (Department/state agency) and the below named entity/individual (Contractor). The contract consists of the contract signature page, the scope of work; any attachments referenced and incorporated herein; the terms and conditions; and any written amendments made in accordance with the provisions contained herein. This contract expresses the complete agreement of the parties. By signing below, the Contractor and Department agree to all the terms and conditions set forth in this contract.

Tracking # 51089	Contract Title: MATERNAL CHILD HEALTH SERVICES	
Contract Start: 10/1/2021	Contract End: 9/30/2023	Questions/Please Contact: PROCUREMENT UNIT @ (573)751-6471
Contract #: DH220051089		Amend #: 02

PLEASE VERIFY/COMPLETE - TYPE OR PRINT - SIGNATURE REQUIRED

NAME OF ENTITY/INDIVIDUAL (Contractor) INDEPENDENCE CITY HEALTH DEPARTMENT	
DOING BUSINESS AS (DBA) NAME	
MAILING ADDRESS 111 E MAPLE ST P O BOX 1019	
CITY, STATE, and ZIP CODE INDEPENDENCE MO 64051	
REMIT TO (PAYMENT) ADDRESS (if different from above)	
CITY, STATE, and ZIP CODE	
CONTACT PERSON	EMAIL ADDRESS
PHONE NUMBER	FAX NUMBER
TAXPAYER ID NUMBER (TIN) *****	UEI NUMBER: U5W1BFU54PJ3
CONTRACTOR'S AUTHORIZED SIGNATURE	DATE
PRINTED NAME	TITLE
DEPARTMENT OF HEALTH AND SENIOR SERVICES DIRECTOR OF DIVISION OF ADMINISTRATION OR DESIGNEE SIGNATURE	DATE

AMENDMENT #02 TO CONTRACT DH220051089

CONTRACT TITLE: Maternal Child Health Services

CONTRACT PERIOD: October 1, 2022 through November 30, 2023

The Missouri Department of Health and Senior Services hereby deletes Attachment C in its entirety and replaces with the revised Attachment C, which is attached hereto and incorporated by reference as if fully set forth herein.

All other terms, conditions and provisions of the above referenced contract shall remain the same and apply hereto.

Contract Period October 1, 2021-September 30, 2026**LPHA Contractor:** City of Independence Health Department**Selected Priority Health Issue:** (include targeted national, state, and/or local outcome measure(s) for each PHI selected)**Promote Protective Factors for Youth and Families**

Statement of the Problem: (include statistical data to illustrate the scope of the priority health issue in the community, potential root causes and/or other community elements that may contribute to the problem, a discussion of social determinants of health and health inequities in the community, a discussion of existing strengths/weaknesses/gaps in access to care, the unique characteristics of the populations (i.e. income/employment status, geographic location, gender, age, education attainment, and race/ethnicity, etc.), and anecdotal or descriptive elements that give a sense of the story behind the data)

According to the Centers for Disease Control and Prevention (CDC), suicide is the second leading cause of death among people aged 10-14 and is the third leading cause of death among those aged 15-24 in the United States. The Missouri Public Health Information Management System (MOPHIMS) shows the rate of suicide in Independence has nearly doubled in youth under the age of 19 in 2009-2020. 116 Independence youth under the age of 19 were hospitalized for self-inflicted injury in 2005-2015. 17 Independence youth under the age of 19 died as a result of self-inflicted injury in 2009-2019.

Now that the Independence Health Department (IHD) has been reestablished, current programs and activities being utilized to reduce rates of suicide and self-inflicted injury among Independence youth should continue with the support of IHD. To reduce the rate of suicide and self-inflicted injury in Independence youth, it is believed focusing efforts on improving the mental health of Independence youth will be most effective. In Jackson County, IHD has many strong partnerships with stakeholders whose primary focus is maternal child health. These stakeholders have made a commitment in assisting IHD in addressing this public health issue. Their efforts combined with IHD's can make a lasting impact in improving the mental health of Independence youth and consequently decreasing the rates of suicide and self-inflicted injury in this population.

Goal(s): (for addressing the stated problem based on the targeted national, state, and/or local outcome measure(s))

Reduce rates of suicide and self-inflicted injury in Independence youth under the age of 19 by 2026.

10% of City of Independence (COI) staff will have Youth Mental Health First Aid (YMHFA) training by 2026.

Increase availability of educational materials and resources targeting suicide, mental health, bullying, and post-partum depression in Independence youth in addition to enhancing current resources by 2026.

Families of Independence youth will be able to recognize three signs of depression by 2026.

Evidence-Based Strategies: (include evidence-based strategies that will be used to address the problem, the identified health inequities, and the existing weaknesses/gaps in access to care)

The Independence Health Department (IHD) will utilize varying prevention techniques to promote protective factors for Independence youth and their families.

Create supportive environments that promote healthy and empowered individuals, families, and communities.

Foster positive public dialogue, counter shame, prejudice, and silence, and build public support for suicide prevention.

Address the needs of vulnerable groups, tailoring strategies to match the cultural and situational contexts in which they are offered, and seek to eliminate disparities.

Coordinate and integrate existing efforts addressing adolescent health and behavioral health to ensure continuity of care.

Promote changes in systems, policies, and environments that will support and facilitate the prevention of suicide and related problems.

Collaborate with behavioral health agencies/partners.

Promote efforts to reduce access to lethal means among individuals with identified suicide risks.

Apply the most up-to-date knowledge base for suicide prevention.

Implement and spread evidence-based suicide and self-injury prevention strategies and programs.

Strengthen collaboration across agencies, develop new tools and capacity, and implement evidence-based change in suicide and self-harm prevention strategies.

Implement and spread evidence-based prevention and emergency mental health programs.

Build program and policy evaluation capacity.

Maternal Child Health Services Contract Work Plan

FFY 2022-2026

Instructions: Develop a five-year work plan for actions in each level of the Spectrum of Prevention for each contract period year that progress toward the planned System Outcomes, giving consideration to the Life Course Framework and issues in Risk and Protective Factors (see MCH Services Contract Proposal Guidance).

Spectrum of Prevention	System Outcomes by Sept. 30, 2026	Activities
Influence Policy and Legislation <i>Develop strategies to change laws and policies to influence outcomes in health, education, and justice</i>	SMART Objectives with specific target outcomes (% or #). <i>Independence Health Department will work with City of Independence to revise/update current dispatch policies to increase mental health resources for youth and families; decreasing the rate of suicide and self-injury in Independence youth.</i>	FFY 2022: Assess a policy regarding the provision of mental health and suicide prevention resources to all students in the Independence School District. Present policy to administration for approval/adoption. Train/update staff regarding policy. Develop a resource guide that encompasses all suicide and mental health/wellness resources that can be given out during a service visit. Post this document to the City of Independence and Independence School District social media websites.
	Evaluation Plan • Outcome Measure: Number of policies revised/updated; number of youth and families provided with mental health resources. • Method: Written policy/revised policy; tracking system for youth served. • Data Source: Independence Police	FFY 2023: Determine contact with City of Independence that is responsible for revising/updating internal policy- schedule to have a conversation/meeting to discuss reviewing current dispatch policy, presenting ARCH (Alternative Response for Community Health) program framework, and revising policy to include. Revised policy will be presented to the City Manager for approval. Once approved, staff will be provided with training to implement the ARCH program. Develop tracking tool (spreadsheet, call log, etc.) that can track how many youth are served and provided mental health resources as a result of the new policy. City of Independence will hire social workers as part of the ARCH program team. Independence Health Department staff will continue to provide training/resources to new team members as needed.

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FFY 2022-2026

Department and
Independence Fire
Department files.

FFY 2024:

Review policy and update as needed/changes occur.
City of Independence will continue to hire social workers as part of the ARCH (Alternative Response for Community Health) program team. Independence Health Department staff will continue to provide training/resources to new team members as needed.

Use tracking system to track how many youth are served and provided mental health resources as a result.

FFY 2025:

Review policy and update as needed/changes occur.
City of Independence will continue to hire social workers as part of the ARCH (Alternative Response for Community Health) program team. Independence Health Department staff will continue to provide training/resources to new team members as needed.

Use tracking system to track how many youth are served and provided mental health resources as a result.

ARCH program team will plan to share framework with one surrounding dispatch system for possible implementation in their community.

FFY 2026:

Review policy and update as needed/changes occur.
City of Independence will continue to hire social workers as part of the ARCH (Alternative Response for Community Health) program team. Independence Health Department staff will continue to provide training/resources to new team members as needed.

Use tracking system to track how many youth are served and provided mental health resources as a result.

ARCH program team will plan to share framework with one surrounding dispatch system for possible implementation in their community.

Maternal Child Health Services Contract Work Plan

FFY 2022-2026

		Assess city level data to determine if the suicide and self-injury rate of Independence youth has decreased in the last five years if data is available. Examine outcome of suicidal ideation calls to see how many youth sought/were given help for their mental health. FFY 2022: Research best practice for suicide and mental wellness resources that can be ordered or made into pamphlets, posters,
	SMART Objectives with specific target outcomes (% or #).	

Maternal Child Health Services Contract Work Plan

FFY 2022-2026

Change Organizational Practices <i>Adopt regulations and norms to improve health and safety and creating new models</i>	<i>Independence Health Department will increase suicide and mental health resources that are available within the City Hall Building as well as provide to partner organizations; increasing awareness of mental health resources in the community.</i> Evaluation Plan • Outcome Measure: Number of suicide and mental wellness resources added within Independence City Hall and partner organizations. • Method: Independence Health Department documentation/tracking record. • Data Source: Documentation/tracking record.	brochures, wallet sized-cards or magnets (Crisis Text line printed on a business card) etc. Design, order or create these resources and place in waiting rooms and clinic rooms. Update/revise as needed or as things change. FFY 2023: Research best practice for suicide and mental wellness resources that can be ordered or made into pamphlets, posters, brochures, wallet sized-cards or magnets (Crisis Text line printed on a business card) etc. Design, order, or create these resources and place in City Hall where available to the public. Update/revise as needed or as things change. Share these resources with other clinics/partners in the community. FFY 2024: Research best practice for suicide and mental wellness resources that can be ordered or made into pamphlets, posters, brochures, wallet sized-cards or magnets (Crisis Text line printed on a business card) etc. Design, order, or create these resources and place in City Hall where available to the public. Update/revise as needed or as things change. Share these resources with other clinics/partners in the community. FFY 2025: Research best practice for suicide and mental wellness resources that can be ordered or made into pamphlets, posters, brochures, wallet sized-cards or magnets (Crisis Text line printed on a business card) etc.
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Maternal Child Health Services Contract Work Plan

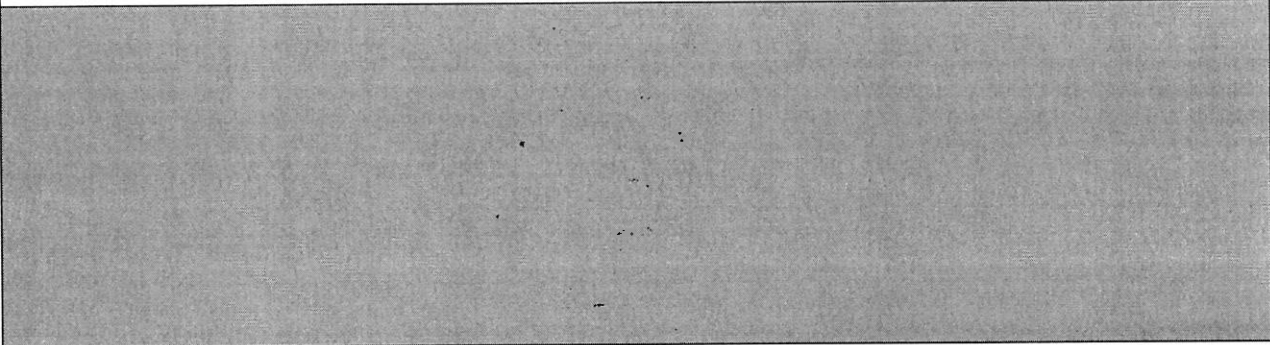
FFY 2022-2026

		Design, order, or create these resources and place in City Hall where available to the public. Update/revise as needed or as things change. Share these resources with other clinics/partners in the community. FFY 2026: Evaluate positive impact - how many resources were taken by clients, etc.
Foster Coalitions and Networks <i>Bring together groups and individuals for broader goals and greater impact</i>	SMART Objectives with specific target outcomes (% or #). <i>Independence Health Department will create a task-force that may include teachers, students, and community members to increase awareness of suicide mental health resources and increase mental health efforts.</i> Evaluation Plan • Outcome Measure: Increase in task force membership • Method: Member attendance (virtual or in-person) • Data Source: Meeting log/minutes	FFY 2022: Assess efforts it will take to start a Suicide and Mental Health Task Force meetings (where will we meet, when will we meet, who is not at the table that should be). Create an interest form to be able to be a member of the Suicide and Mental Health Task Force. Host at least one meeting (virtual or in-person) in FFY2022 and discuss areas of concerns and how to address the issues of suicide and mental health services in school-age children. FFY 2023: Host at least two meetings (one in the Fall and Spring semester) virtually or in-person and identify and carry out meaningful work that the coalition can do. Include a member of the suicide and mental health community. Send out meeting notes via email to those who were in attendance as well as those who could not attend so that they can stay in the loop Continue to reach out and invite new partners/members. Make community aware of coalition's work and updates in local newspaper, City of Independence and Independence School District Facebook page, Chamber of Commerce newsletter, etc. FFY 2024: Host at least two meetings (one in the Fall and Spring semester) virtually or in-person and identify and carry out meaningful

Maternal Child Health Services Contract Work Plan

FFY 2022-2026

		work that the coalition can do. Include a member of the suicide and mental health community. Send out meeting notes via email to those who were in attendance as well as those who could not attend so that they can stay in the loop Continue to reach out and invite new partners/members. Make community aware of coalition's work and updates in local newspaper, City of Independence and Independence School District Facebook page, Chamber of Commerce newsletter, etc. FFY 2025: Host two meetings (one in the Fall and Spring semester) virtually or in-person and identify and carry out meaningful work that the coalition can do. Include a member of the suicide and mental health community. Send out meeting notes via email to those who were in attendance as well as those who could not attend so that they can stay in the loop Continue to reach out and invite new partners/members. Make community aware of coalition's work and updates in local newspaper, City of Independence and Independence School District Facebook page, Chamber of Commerce newsletter, etc. FFY 2026: Evaluate positive impact that increasing membership in Suicide and Mental Health Task Force has had on children/youth and mental health/wellness.
Educate Providers Inform influential organizations and leaders to transmit skills and knowledge to others	SMART Objectives with specific target outcomes (% or #). Increase number of providers (parents, family members, caregivers, teachers, school staff, neighbors, health and human services workers, and other care citizens and	FFY 2022: Contact Teen or Mental Health First Aid to find a trainer for Independence and/or inquire about health department staff becoming a trainer. Determine location to hold Teen or Mental Health First Aid classes. Determine how to make community aware of these classes (Facebook page, flyers, word of mouth, newspaper and radio ads, etc.)

 <i>families) by 50 that are aware of mental health symptoms and have resources for care.</i> Evaluation Plan • Outcome Measure: Number of providers trained in Youth Mental Health First Aid • Method: Attendance to training • Data Source: Training logs/records	Set up dates and times to provide Teen or Mental Health First Aid classes (bring in trainer or health department staff will provide) Keep a record of training log or number in attendance. Keep a log of the impact- comments on how much was learned, etc. (Youth Mental Health First Aid® is designed to teach parents, family members, caregivers, teachers, school staff, neighbors, health and human services workers, and other care citizens how to help an adolescent (age 12-18) who is experiencing a mental health or addictions challenge or is in crisis. Youth Mental Health First Aid® is primarily designed for adults who regularly interact with young people. The course introduces common mental health challenges for youth, reviews typical adolescent development, and teaches a 5-step action plan for how to help young people in both crisis and non-crisis situations).
	FFY 2023: Continue to provide Youth Mental Health First Aid classes and make community aware. Keep a record of training log or number in attendance. Keep a log of the impact- comments on how much was learned, etc.
	FFY 2024: Continue to provide Youth Mental Health First Aid classes and make community aware. Keep a record of training log or number in attendance. Keep a log of the impact- comments on how much was learned, etc.
	FFY 2025: Continue to provide Youth Mental Health First Aid classes and make community aware. Keep a record of training log or number in attendance. Keep a log of the impact- comments on how much was learned, etc.
	FFY 2026: Evaluate positive impact of hosting classes and educating community.

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FFY 2022-2026

Promote Community Education Reach groups of people with information and resources to promote health and safety	Smart Objectives with specific target outcomes (% or #). <i>Increase community education by hosting at least one suicide and mental wellness campaign annually (virtually or in-person).</i> Evaluation Plan • Outcome Measure: Number of community education campaigns • Method: Health department documentation • Data Source: Photos, survey records, attendance logs, social media analysis, etc.	FFY 2022: Assess health department staff for who can post consistent mental health messages and effects of social media, screen time and bullying to Facebook and other social media (whatever time allows - weekly, monthly, etc.) Research CDC Mental Health Toolkits to use as a resource for posting. Have a conversation with school to assess potential to have a booth set up at sporting events to provide mental wellness resources and educate on the effects of social media, screen time and bullying. FFY 2023: Consistently post to Facebook and other social media regarding mental wellness and resources regarding the effects of social media, screen time and bullying. Attend at least one sporting event at the school and host an interactive booth. Provide updates/resources to local newspaper, radio and maybe even a billboard. FFY 2024: Consistently post to Facebook and other social media regarding mental wellness and resources regarding the effects of social media, screen time and bullying. Attend at least one sporting event at the school and host an interactive booth. Provide updates/resources to local newspaper, radio and maybe even a billboard. FFY 2025: Consistently post to Facebook and other social media regarding mental wellness and resources regarding the effects of social media, screen time and bullying. Attend at least one sporting event at the school and host an interactive booth.
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FFY 2022-2026

		Provide updates/resources to local newspaper, radio and maybe even a billboard.
Strengthen Individual Knowledge and Skills <i>Enhance an individual's capability for health and safety</i>	<i>SMART Objectives with specific target outcomes (% or #).</i> <i>Increased knowledge and awareness in youth regarding mental health resources and having access to those resources.</i> Evaluation Plan • Outcome Measure: Number of youth that report increased awareness • Method: Survey, tracking record • Data Source: Health Department data/records	FFY 2026: Evaluate positive impact of hosting campaigns and educating community. FFY 2022: Research and determine what school-based suicide and mental wellness program the health department would like to implement or augment current SOS program (i.e.: LEADS). Independence Health Department and Independence School District will identify schools in which to work. Reach out to school staff (nurse, family liaisons, superintendent, etc.) and have a conversation about implementing a school-based program provided by health department staff. FFY 2023: Meet with youth and families at regularly attended community events and provide mental wellness resources. After resources provided- ask youth if they knew about resources beforehand and if not, if they found them to be valuable. Track how many youth are receiving resources and report increased awareness. FFY 2024: Aim to attend one new event where youth and families are present and provide mental wellness resources. After resources provided- ask youth if they knew about resources beforehand and if not, if they found them to be valuable. Track how many youth are receiving resources and report increased awareness. FFY 2025: Aim to attend one additional new event where youth and families are present and provide mental wellness resources. After resources provided- ask youth if they knew about resources beforehand and if not, if they found them to be valuable. Track how many youth are receiving resources and report increased awareness.

	awareness.
	FFY 2026: Aim to attend one additional new event where youth and families are present and provide mental wellness resources. After resources are provided- ask youth if they knew about resources beforehand and if not, if they found them to be valuable. Track how many youth are receiving resources and report increased awareness.

APPROVED

Sara Gorman MSN, RN Mary Quinn BSN, RN

Revision Date: 1/18/2023

**CONTRACT FUNDING SOURCE(S)**

The Contract Funding Source(s) identifies the total amount of funding and federal funding source(s) expected to be used over the life of this contract. The CFDA number is the pass-through identification number for your Schedule of Expenditures of Federal Awards (SEFA), if one is required. You may reconcile your financial records to actual payment documents by going to the vendor services portal at <https://www.vendorservices.mo.gov/>. If the funding information is not available at the time the contract is issued, the Contractor will be notified in writing by the Department. Please retain this information with your official contract files for future reference.

Tracking #	51089	State: 0%	\$0.00	Federal: 100%	\$115,114.32
Contract Title:	MATERNAL CHILD HEALTH SERVICES				
Contract Start:	10/1/2021	Contract End:	9/30/2023	Amend#: 02	Contract #: DH220051089
Vendor Name:	INDEPENDENCE CITY HEALTH DEPARTMENT				
CFDA: 93.994	Research and Development: N				
CFDA Name:	MATERNAL AND CHILD HEALTH SERVICES BLOCK GRANT TO THE STATES				
Federal Agency:	DEPARTMENT OF HEALTH AND HUMAN SERVICES / HEALTH RESOURCES AND SERVICES ADMINISTRATION				
Federal Award:	1B04MC40144-01, 6B04MC40144-01				
Federal Award Name:	MATERNAL AND CHILD HEALTH SERVICES				
Federal Award Year:	2021	DHSS #: 21MCH		Federal Obligation:	\$57,926.23
CFDA: 93.994	Research and Development: N				
CFDA Name:	MATERNAL AND CHILD HEALTH SERVICES BLOCK GRANT TO THE STATES				
Federal Agency:	DEPARTMENT OF HEALTH AND HUMAN SERVICES / HEALTH RESOURCES AND SERVICES ADMINISTRATION				
Federal Award:	1B04MC45226-01, 6B04MC45226-01				
Federal Award Name:	MATERNAL AND CHILD HEALTH SERVICES				
Federal Award Year:	2022	DHSS #: 22MCH		Federal Obligation:	\$0.00
CFDA: 93.994	Research and Development: N				
CFDA Name:	MATERNAL AND CHILD HEALTH SERVICES BLOCK GRANT TO THE STATES				
Federal Agency:	DEPARTMENT OF HEALTH AND HUMAN SERVICES / HEALTH RESOURCES AND SERVICES ADMINISTRATION				
Federal Award:	1B04MC47428-01				
Federal Award Name:	MATERNAL AND CHILD HEALTH SERVICES				
Federal Award Year:	2023	DHSS #: 23MCH		Federal Obligation:	\$57,188.09

* The Department will provide this information when it becomes available.

Project Description:

The purpose of this contract is to support a leadership role for LPHAs at the local level to: build community-based systems and expand the resources those systems can use to respond to priority maternal child health issues; provide and assure mothers and children access to quality MCH services; reduce health disparities for women, infants, and children, including those with special health care needs; promote the health of mothers and infants by assuring prenatal, delivery, and postpartum care for low income, at-risk pregnant women; and promote the health of children by providing preventive and primary care services for low income children.